

One year old Schedule

6:00AM-7:00AM time for children.	Arrival, greeting, toileting, hand washing, special instructions from parents, rest
7:00AM-8:00AM	Wake children, toileting, hand washing, quiet learning centers open (coloring, books, writing, etc) prepare for breakfast.
8:15AM-9:00AM Coloring)	Breakfast and Hand Washing (Free Play in Learning Centers, Fine Motor,
9:00AM-9:30AM	Diaper Changes/ Clean Up (Free Play in Learning Centers)
9:30AM-10:00AM	Gross Motor Activities (Story & Art to those interested)
10:00AM-10:15AM	Handwashing/Diapering/Clean Tables
10:15AM-10:30AM	Circle Time (ABC's, Shapers, Colors, Reading, Multi-cultural theme, Actions Songs, Free Play in learning centers)
10:30AM-11:00AM	Hand washing & Lunch (Lay down Cots-read books quietly on cots)
11:00AM-12:00PM	Naptime (Read books for those who are not sleep, Quiet Music)
12:00PM-2:00PM	Wake up, toileting, hand washing (Quiet Play)
2:00PM-2:30PM	Snack (Face and Handwashing/ Diaper Changes) Free Play
2:30PM-3:00PM	Gross Motor Activities
3:00PM-3:30PM	Handwashing (Songs & Music, Free Play)
3:30PM-4:00PM	Circle Time (Counting, Alphabet, Recognizing Shapes & Colors, Story & Art to those who interested) Free Play
4:00PM-4:15PM	Toileting, diapering, hand washing
4:15PM-5:00PM	Free Play/Centers open, departure (some children prepared to go home)
5:00PM-5:15PM	Wash Hands (Free Play in Learning Centers, Fine Motor, Coloring)
5:15PM-6:00PM interested) Fine Motor	Clean up, hand/face washing, toileting as needed (Story & Art to those